

Disciplines for the Prayer Leader

By Paul Covert

Threshold Prayer Ministries

A Prayer Leader needs strong personal spiritual disciplines. One who leads others in prayer needs to have Biblical truth always on his or her mind. The following are some ways I suggest a prayer leader take to instill personal spiritual disciplines.

◆ **Stay in the Word Every Day**

◆ **Journal to gain deeper insights**

Writing thoughts down on paper slows us down. Remember to review your journal periodically.

◆ **Humbly depend on God alone**

“Nevertheless, not my will, but yours, be done.” Luke 22:42

◆ **Confess and Repent own sin**

◆ **Spend extended time alone with God**

Why insist on *extended* times in prayer?

- Significant time spent in prayer helps us to gain and clarify perspective, to see ministry, relationships, and spiritual matters more clearly.
- Jesus gave us the example. He was often alone for extended periods in prayer.
- Much of the direction God gave to His leaders came out of times when they were alone with God.
- Extended times alone with God allow us to more thoroughly and unflinchingly examine our own motives and heart.
- Alone time gives God an opportunity to communicate with us while He has our undivided attention. We live such hurried lives that there is often no time for God to speak an undistorted message. We have the phone, TV, Internet, and every other kind of media, and each can effectively crowd out God’s instructions to us.

◆ **Organize your complex prayer life**

By using a system, you can cover all the topics and requests you are led to pray over.

Some ways to do this are:

- a. Designate a specific time of day and place to pray.
- b. Use a prayer app.
- c. Pray topically each day: Sun – leaders in church, Mon – family, Tue – the lost, Wed – health concerns, Thu – world events, Fri – your and other ministries, Sat – marriages, as an example