

The 5-Finger Prayer



Thumb: Pray for those closest to you: your family and friends.

Pointer finger: Pray for those who point you in the right direction: your teachers, and other leaders in your life. Pray for wisdom and support.

Middle finger (tallest): Pray for those that lead us: those in government, in business, in church leadership. Pray for guidance and wisdom.

Ring finger (weakest): Pray for those who are poor, sick, in pain, in trouble: those most in need.

Pinkie finger (smallest): Pray for yourself and your own needs.